



## **Event Monitor Test**

### ***Preparation Needed:***

Please refrain from using lotions and other oily substances that can interfere with contacts. Otherwise no preparation is necessary.

### ***Brief Description of Test:***

Depending on your physician's orders, you may wear the event monitor for several weeks. You are asked to keep a journal of your activities, while you proceed about your normal life. When you experience palpitations you trigger the recording device on the monitor, and are to follow the procedure for transmitting that event information over the phone. Normally, after about 5 such transmissions, your doctor will ask that you return the event monitor to our office. The results are given to your doctor for further review and evaluation. Subsequent to reviewing your test, you will normally have a follow-up visit with your physician.

### ***Why Am I Taking This Test?***

Your doctor has ordered this test in order to evaluate your heart rate and rhythm over a period of time.

*Please call our office with additional questions.*