



## **Tilt Table**

### ***Brief Description of Procedure:***

The tilt table test is a test used to evaluate a patient who has had episodes of fainting. The patient is placed on a table lying down and the table is slowly tilted upright. During the procedure, EKG patches are placed on the chest and abdomen and a blood pressure cuff will be positioned appropriately.

### ***Why Am I Having this Procedure?***

Your physician has ordered the tilt table test to evaluate a condition known as syncope or fainting. When the body position changes suddenly, many syncopal episodes are caused by a sudden drop in blood pressure and a slow heart rate. Some of the time this drop in blood pressure and slowing of heart rate can cause syncope or fainting. A tilt table test helps direct your physician to appropriate treatment options.

*Please call our office with additional questions.*